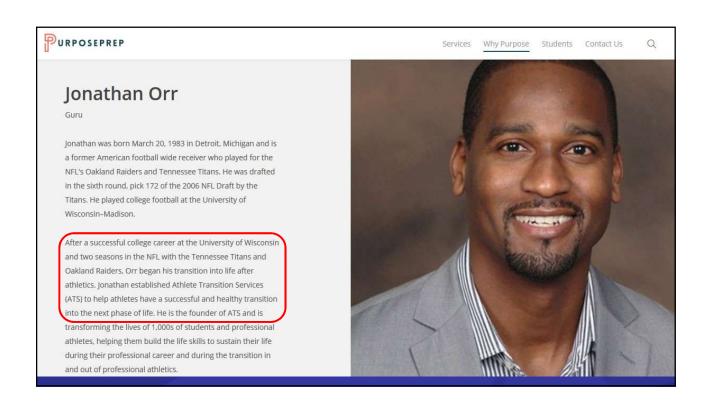
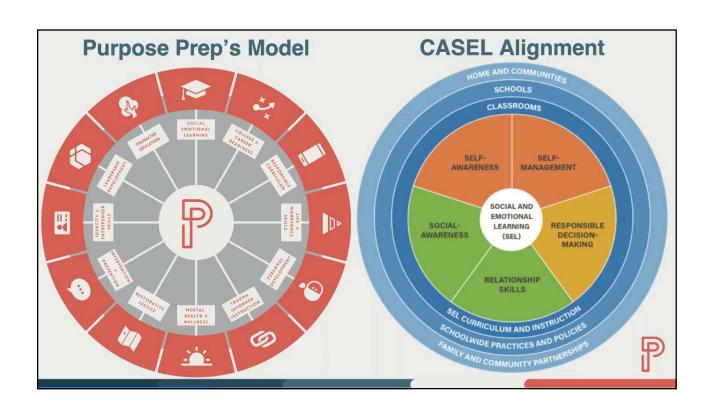


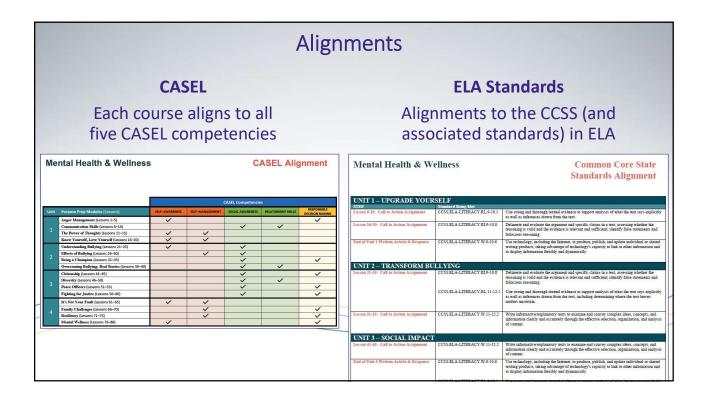
People Need Purpose: The Problem Problems Students Face 95% 64% 98% of youths have of adolescents of people go of students say of young through life felt inferior in say an adult has they have low people are without a plan life negatively self-esteem afraid of peer impacted them pressure (Source: StageOfLife.com Teen Trend Report; EdSource.org)











Pu

Help students develop productive attitudes and prosocial behavior

Provide middle & high school students with a deeper understanding of their own personal development



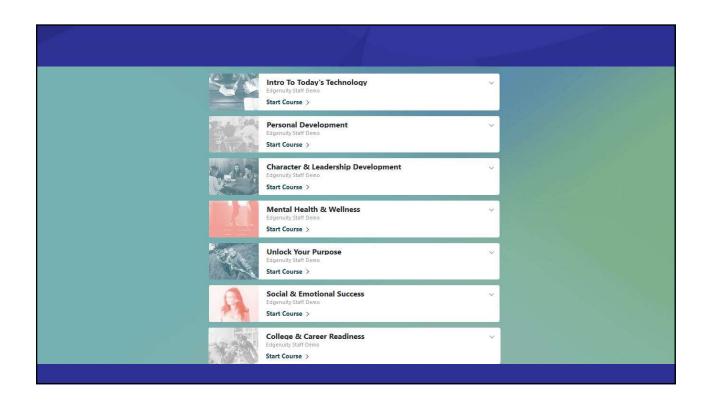


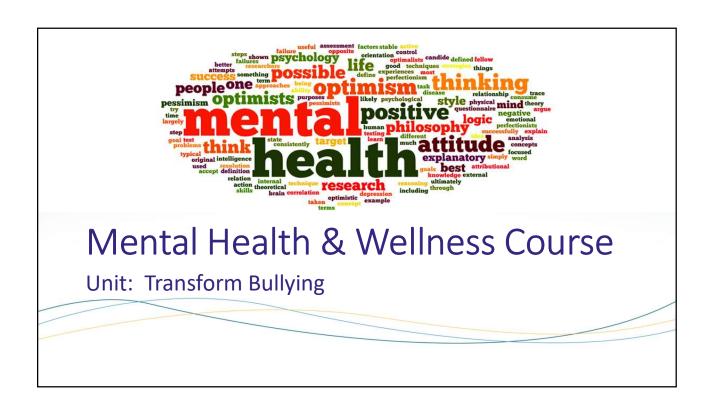
Viewers retain 95% of a message when they watch it on a video, compared to retaining only 10% when they read it in a text.

Courses of Study: <i>Prevention</i> on Purpose				
Character & Leadership Development	College & Career Readiness	Intro to Today's Technology	Mental Health & Wellness	
 Mission & Purpose Impacting Your Community Your Story Discover Your Identity Emotional Audit Compassion & Stillness 	 Join the Workforce Which School is Right for You? Job Preparation Traits of a Successful Student & Employee Personal Finance Disciplines That Lead to Success 	 Virtual & Augmented Reality Robotics Social Media Websites & 3D Printing Advertising & Marketing Cryptocurrency 	 Anger Management Communication Skills Know Yourself, Love Yourself Effects of Bullying Citizenship Peace Officers It's Not Your Fault Family Challenges Resiliency Mental Wellness 	
Personal Development	Social & Emotional Success	Unlock Your Purpose		
 Mentorship A Satisfied Life Who's in Control Needs & Limits Social/Emotional Health Growth Mindset 	 Choosing Purpose Social Skills Healthy Relationships Successful Decision Making Healthy Communication Knowing Yourself 	 Map Your Future People & Problems Reasonable Response Frame Your World Silence & Questions Belonging 		

	Courses of Stu	dy: <i>Interventi</i>	ion on Purpos	e
		,		
Accepting and Taking Responsibility	Dress and Groom For Success	Managing Stress and Emotions	Turn Your Life Around & Start Again	Primary and Secondary Impacts of Behavior
Anger and Temper Management	Focus & Refocus	Meditation and Keeping Calm	Use Your Voice, Speak Out & Don't Stay Silent	Restorative Practices
Anxiety	Getting To Know Your Identity & Self	Mood and Behavior Management	Using Social Media The Right Way	Substance Abuse Series
Building Compassion & Empathy For Others	Hope With Teen Pregnancy	Overcoming Peer Pressure and Bad Memories	Vision of Self	An Introduction to Substance Abuse
Building Healthy Friendships & Relationships With Healthy Communication	Hopelessness, Sad Feelings & Irrational Thinking	Resiliency, Elasticity & Coping Strategies	Walking Through Forgiveness	Stimulants and Depressants (including alcohol)
Bullying and Cyberbullying	How to Write Life Changing Goals For Your Future	Self Motivate and Create Ambition & Curiosity	Adrenaline and Aggression	Vaping and JUULing
Coping & Strategies When Loves Ones Are Incarcerated	Identify My Needs & Limits	Self-Esteem & Self-Worth: How To Be Proud & Love Yourself	Avoiding Exploitation (Human Trafficking)	Drugs and Relationships
Coping With Grief, Loss and Shame	Impact & Contribute In Your Community	Self-Harm and Staying Safe	Cultural Implications Within Family and Learned Behavior	Living Drug Free and Overcoming Drugs
Dealing with Divorce & Separation	Impulsive Decision-Making To Successful Decision Making	Sexual Abuse and Sexual Pressure	Digital Citizenship and Safety	Suspension and Expulsion
Dealing With Rejection	It's Not Black and White: Becoming A Dynamic Leader	Substance Abuse	How To Return Successfully to School	Swearing and Degrading Words
Death of a Loved One	It's Ok If You're Different	Suicide Prevention and Education	Gangs, Guns and Fighting	Truancy
Depression	Learn to Date Yourself	Talking to Parents and Guardians, Adults and Peers: Communication Skills	Learned Helplessness	Ф
Diversity and Inclusion	Live By Character, Integrity, Principles, Values and Purpose	The Importance of Mentorship	Learning Refusal Skills & How To Say "NO"	

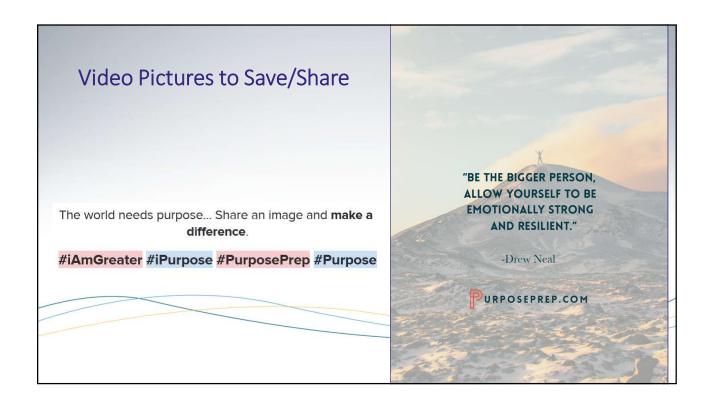












e: Lesson 37 Check on Learning Quiz oints				
50 V5X	caused bullying to escalate because of how you would you do differently if you could go back to that			

Call to Action Assignments After 5 Lessons

Submit: Lesson 36-40: Call to Action Assignment 10 points

Please choose one of the options below:

- 1. I have been bullied by someone and want to stand up for myself.
- 2. I have bullied someone and need to ask for forgiveness.
- I know someone who is being bullied and want to help the person and the person doing the bullying.

Now correspond the choice above with the action below and then write out what you learned from this experience. *Example*: If you choose #1 above then choose the action #1 below and go and do it.

- 1. Go to a classmate, teacher, or leader and explain the situation, approach the individual, and reconcile with a leader present. Don't be afraid and ashamed to tell your story or the truth. You are doing the right thing and should be proud of yourself for standing for what is right.
- 2. Go and take a classmate, teacher, or leader with you and go and apologize to the person you've hurt and make the situation right.

Unit Reading and Response

Submit: End of Unit 2 Written Article & Response

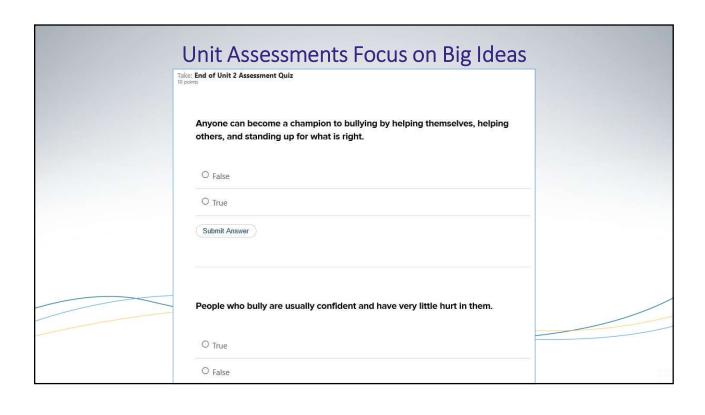
UNIT READING

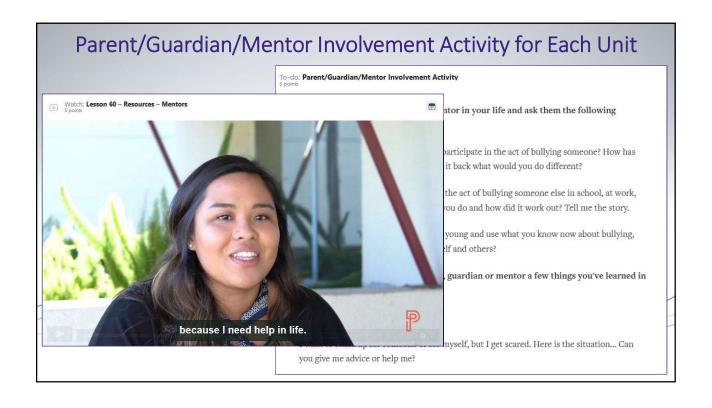
In a local school there is group of popular students that always pick on and tease another group of students. They call them names, sometimes even using racist remarks and calling them "stupid" and "retarded." One student even fake punched a student just to scare the younger and shorter students, and they are really mean. I am the one that always has to witness this but I don't know what to do. I want to just go over there and punch one of the students that is being rude but I'll get in huge trouble. What should I do?

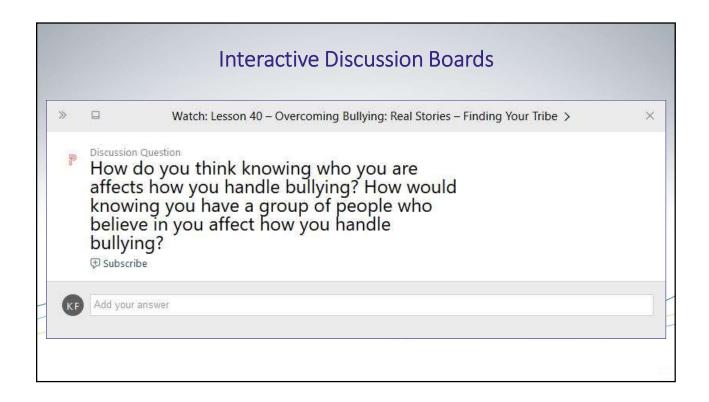
WRITTEN REFLECTION

Please write out advice to the student. Tell them a few ways they can be a champion and then share a few ways they can also protect themselves in a situation where there are groups of kids and the tensions are high. Also explain what adults they need to get involved and how. Share a few effects of bullying as a bystander and how to deescalate the situation.

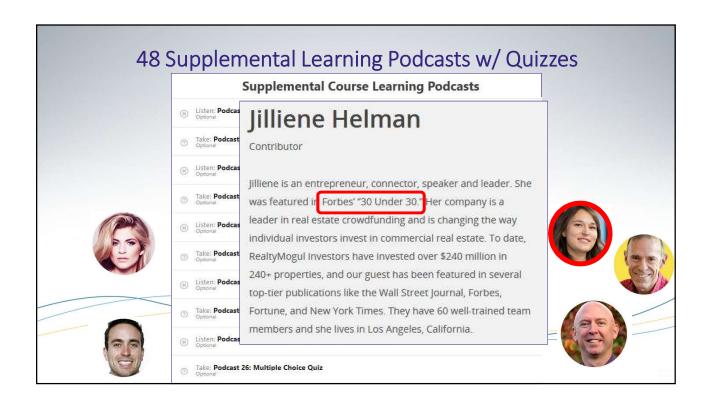
Please use full sentences to complete your thoughts.

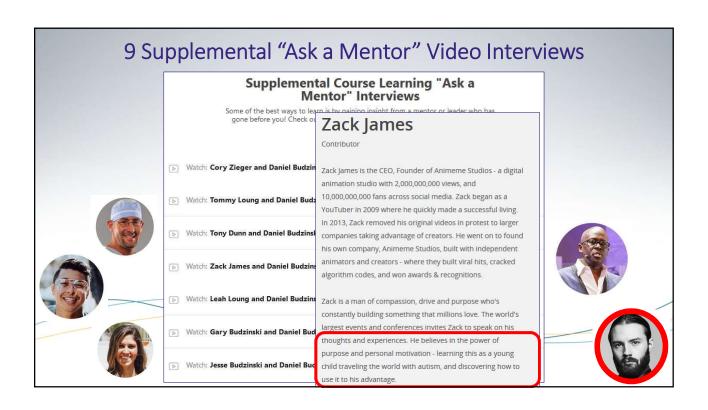
















Implementation Suggestions

· Offered as an elective

- Purpose Prep
- Guidance department assigning College and Career Counseling to specific grade bands
- After school and/or summer program
- Character education programs
- Adult/parent education program offered through school districts, especially intro to college counseling
- Implemented as the content for a larger SEL District initiative

